



**HMPTO**

*Family Fun*



Newton Ma.

Benefiting Horace Mann School's 'Fitness for Life' Event  
Horace Mann School, 687 Watertown St, Newton, MA 02460

8:30 a.m. Registration Begins

10:30 a.m. Events Begin

**Courses:** **Pumpkin Dash:** For children 6 and under an under .3 mile flat dash along Albemarle Road from Gath Pool to Horace Mann Finish Line. **Certified 5K Run:** Starting on Albemarle Avenue the course winds through historic neighborhoods of Newtonville via Crafts and Watertown Streets. **5K Walk:** Same as 5K Run. **1 Mile run:** The course runs along Albemarle Road in a loop along Cheesecake Brook without crossing any roads.

**Amenities:** Post-Race refreshments, Free T-shirts to first 100 registrants, Mile Splits, Water Station, Professional Timing, Certified Course

**Prizes:** Prizes to kids' race participants. Trophies to top 3 male & female 5k finishers. Medals to top 3 in 14 & under, 15-19, 20-29, 30-39, 40-49, 50-59 and over 60 male and female 5k finishers.

**Sign up:** Online at [www.horacemannroadrace.com](http://www.horacemannroadrace.com) or use drop-off/mail-in form below.

For more information visit: [www.horacemannroadrace.com](http://www.horacemannroadrace.com)

**Race Registration:** T-Shirt Size: Youth L \_\_\_ Adult L \_\_\_ Adult XL \_\_\_ Adult XXL \_\_\_

First Name: \_\_\_\_\_ Last Name: \_\_\_\_\_ Sex: M F

Address: \_\_\_\_\_ (street name and number) \_\_\_\_\_ (city) \_\_\_\_\_ (state) \_\_\_\_\_ (zip)

Email: \_\_\_\_\_ Phone \_\_\_\_\_ Race Day Age: \_\_\_\_\_

Events: \_\_\_ 5k Adult *Timed* Run or Walk \$20 received by 10/21/10 or \$25 race day  
\_\_\_ 5k Youth (under 15) \_\_\_ Kids Dash \_\_\_ 1 mile run \$8 received by 10/21/10 or \$10 race day

Complete entry form for **each participant** and sign below after reading waiver. I have read the following waiver: I understand the potential hazards involved in road racing and certify that I am physically able to compete in this event. In consideration of my entry being accepted, and the grant of permission for participation in the above named race, I for myself, my heirs, executors, administrators, and assigns, do hereby and with full knowledge of the consequences for this act, waive and release any and all rights and claims for personal injury or other loss or damage which may arise from said entry and/or participation in this race, against any and all sponsors, backers, supporters, and contributors to this race, including but not limited to the Horace Mann School, the Horace Mann PTO, the City of Newton, its' employees, the landowners upon which the course is laid, the race directors, organizers, administrators, officials, and volunteers, and the business sponsors and promoters of this race.

Signature (parent or guardian for children under 18) \_\_\_\_\_

Pictures are taken to promote our race and are used on our website and/or flyers.  Do not use pictures  
If you do not wish for your picture to be used in this manner please check the box:

**Mail/Drop-off Entry:** Horace Mann Elementary School,  
c/o Horace Mann Road Race 687 Watertown Street, Newtonville, MA 02460  
**MAKE CHECKS PAYABLE TO: HORACE MANN PTO**